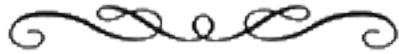


## Commonly Used Blessings

Bless, O Lord, this food to our use and us to thy service, and keep us ever mindful of the needs of others. In Jesus' Name, Amen.



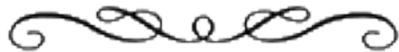
For this and all we are about to receive, make us truly grateful, Lord. Through Christ we pray. Amen.



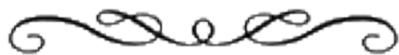
### Other Blessings

There are hundreds of prayer forms used before meals. Here are some good ones:

For good food and those who prepare it, for good friends with whom to share it, we thank you Lord.



For food in a world where many walk in hunger;  
For faith in a world where many walk in fear;  
For friends in a world where many walk alone;  
We give you thanks, O Lord.



Let us thank God for food when others are hungry; for drink when others are thirsty; for friends when others are lonely.

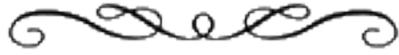


Be present at our table, Lord!  
Be here and everywhere adored.  
Your mercies bless, and grant that we  
May feast in Paradise with Thee  
(or: May strengthened for thy service be.)

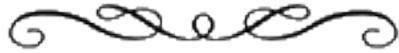


Bless the Lord, O my soul, And all that is within me, bless his holy name.

Bless the Lord, O my soul, And forget not all his benefits.  
Blessed be God, eternal king, for these and all his good gifts to us.



Our Dear Heavenly Father, we thank Thee for this food. Feed our souls on the bread of life and help us to do our part in kind words and loving deeds. We ask in Jesus' name.



Our Heavenly Father, kind and good,  
we thank Thee for our daily food.  
We thank Thee for Thy love and care.  
Be with us Lord, and hear our prayer.



Most Holy, Righteous and everywhere present God,  
our Father who art in Heaven,  
we ask thy blessing upon this food.  
Bless the hearts and hands that provide the same.  
And when it is ours to pass from time to eternity,  
own us and crown us heirs to Thy kingdom.  
These favors and blessings we ask in the name of Christ,  
our Great Redeemer.



From thy hand cometh every good,  
We thank thee for our daily food.  
And with it Lord, thy blessing give,  
And to thy glory may we live.

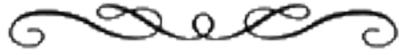


Great God accept our gratitude,  
For the great gifts on us bestowed--  
For raiment, shelter and for food.

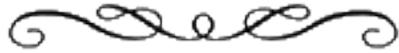


Great God, our gratitude we bring,  
Accept our humble offering,

For all the gifts on us bestowed,  
Thy name be evermore adored.



May this food so fresh and fragrant, call forth reverence for You in our souls. As you give this strength to our perishable limbs, So give us grace for our immortal lives.



Be present at our table, Lord; Be here and everywhere adored. These mercies bless, and grant that we May feast in fellowship with thee.



Our Father in Heaven, we give thanks for the pleasure of gathering together for this occasion. We give thanks for this food prepared by loving hands. we give thanks for life, the freedom to enjoy it all, and all other blessings.

As we partake of this food, we pray for health and strength to carry on and try to live as You would have us. This we ask in the name of Christ, Our Heavenly Father. Amen.



Dear Heavenly Father, Thank You for this special day, a day to remember Your goodness to us.

Thank You for a roof over our heads, and more than enough food to eat.

Thank You for the family You have given to us, for family and friends who have gathered together to eat this meal. Amen